

MACA

Maca root has been used by native Indians in Peru as a vital ingredient to health for thousands of years. Maca's use goes back to around 3800 B.C., when Peruvian Indians cultivated and ate it for both its nutritional and medicinal value. It was not until 1843 that this plant was studied by scientists and given the botanical name of *Lepidium meyenii*.

Maca root grows in the mountains of Peru at high altitudes of 7,000 to 11,000 feet, making it the highest altitude growing plant in the world. Maca is a radish-like root vegetable that is related to the potato family, and is tuberous and spherical in form.

As a nutritional supplement, Peruvian Maca has generalized tonic effects on the biochemical functioning of the human body. Chief among these effects is the enhancement of endocrine function. The endocrine system includes all of the glands, and the hormones they secrete, that exist in the body and that control such conditions as fertility, sexual function, digestion, brain and nervous system physiology, and energy levels.

Main Functions: For Men

- Increases energy (Chronic Fatigue)
- Treat sexual dysfunction (Loss of Libido)
- Increases stamina & athletic performance
- Fertility enhancement
- Improves physical and emotional well being
- Balance hormones

For Women

- Treat PMS (Mood Swings)
- Menopause symptom relief (Hot Flashes)
- Increases stamina & athletic performance
- Sexual stimulation
- Balance hormones

Each Capsule Contains:

Maca (*Lepidium Meyenii*) 750mg
300 capsules per bottle

Recommended Dose:

Take 2 capsules, 1-2 times daily.
or as directed by a health care practitioner.

NPN:

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